

Lifestart
Foundation Ltd
Annual Report
2013-2014



Lifestart Foundation
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Chairpersons' Foreword

The 2013/14 year has been one which has been very demanding and challenging. The Lifestart Foundation has had to embrace structural change to fulfil our Mission. This change has arisen through both Foundation strategy and the requirements of our funding agencies. The harsh outcome has been the loss of valued employees who have dedicated themselves to their work in Lifestart. We wish each of them success in career opportunity.

Dr Pauline McClenaghan, our Executive Director, has compiled the enclosed Report in collaboration with colleagues. It encapsulates the advances made during the year and highlights key aspects of the delivery change through Franchise implementation.

This past year has been most demanding on our Board Members and we commend them on their professionalism, passion and purposefulness in the diligent discharge of their roles. Their sacrifice of time and energy; their input of knowledge and expertise and availability is immeasurable.

Our staff, led by Pauline, have excelled in coping with the challenge of change and dealing with increased work schedules.

We hope you find the Report insightful and interesting.

Patrick Durkan
Chair
Lifestart Foundation

Mary McGowan
Chair
Lifestart National Office



Introduction

Central to the emerging policy framework and service commissioning landscape in children and family support services, in both jurisdictions in Ireland, is the growing recognition of the empirical research that demonstrates, beyond doubt, that the most important factors influencing child development outcomes are (1) the nature of a child’s relationship with its parent/care-giver and (2) the quality of the home-learning environment (Melhuish et al 2008¹). Policy makers now look to parenting support, particularly targeted provision aimed at the parents of ‘at risk’ children, as an important preventive social intervention aimed at reducing the economic and social costs of poverty and inequality; supporting vulnerable families and children; improving child protection; improving childhood health and resilience and enhancing infant and child mental health and well-being; raising levels of school readiness and reducing the incidence of youth delinquency and violence. The international evidence confirms that compromised parenting is a highly significant child development risk factor, but that *good* parenting can

¹ Melhuish, E.C, Phan, M.B, Sylva, K, Sammons, R, Siraj-Blatchford, I & Taggard, B (2008) ‘Effects of the Home Learning Environment and Preschool Center Experience upon Literacy and Numeracy Development in Early Primary School’, *Journal of Social Studies*, Vol. 64 No.1 march pp 95-114, Blackwell Publishing: Oxford.

reduce the effects of other factors with the potential to negatively impact on child outcomes.

All parents need some support in their child rearing role but circumstances and context will mean that some will need additional support. The life prospects of the children of some individuals and groups within society are much worse than those of others and the risk factors affecting children can change or impact differently on children's lives at different points in the life cycle. We *know* what those risk factors are and we *know* that the presence of two or more of them puts the child at greater risk of experiencing poor development outcomes. In the light of this evidence, government strategies now recognize that developing the optimal conditions for early childhood development must include actions to support good at-home parenting and the pedagogical role of parents.

There is sufficient evidence to show that prevention and early intervention targeted at parents and aimed at improving outcomes for children not only makes sense in terms of ensuring social justice and children's rights but also makes good economic sense; reducing the need for more costly remedial interventions and services later in a child's or young person's life².

Lifestart has 27 years' experience in the provision of high quality parenting education and family support, delivering the evidence-informed, expert designed, *Growing Child* programme and home-visitation service. Over the course of those 27 years we have evolved a best practice model of parenting education and family support that

² Heckman, J.J. (2006) The Economics of Investing in Children, *Policy Briefing* No. 1 UCD Geary Institute, Dublin.

includes a fully manualised programme, high quality staff training, management and supervision, in-depth quality assurance systems, partnership working with parents, communities and service commissioners to address parenting needs and robust evaluation methodologies and procedures capable of producing clear evidence that desired outcomes are being achieved.

Our internal evidence gathering practices and procedures have been fundamentally enhanced through financial investment from the Atlantic Philanthropies which initially funded a quasi-experimental evaluation and subsequently the continuing fully experimental randomised controlled trial of the *Growing Child* programme. As a consequence of this support Lifestart has, since 2003, been able to systematically develop its position and increase its reputation within the new evidence-based policy and practice arenas in both parts of Ireland.

For most of the last 27 years Lifestart programme delivery was initiated through a community development approach to family support services where communities, on identification of Lifestart as the programme appropriate to their needs, would set up an autonomous organisation, source funding and appoint a local Management Committee to manage procedures. For a nominal annual fee, the organisation acquired a programme licence from the Lifestart Foundation to directly deliver and manage the use of the *Growing Child* programme and home-visitation service in a specific geographical area. Over recent years, however, there have been significant changes in the commissioning framework, with funding progressively moving away from smaller community development activities to what soon will be regional public procurement and tendering processes managed under national frameworks;

developments which also have implications for financing the Foundation's core activities, traditionally meet through local government grants which are no longer available.

The importance of maintaining a high quality service that remains true to service design cannot be overstated in the context of a policy and service commissioning framework increasingly structured by evidence-based practice and a focus on outcomes. Quality and fidelity can only be guaranteed through an effective staff training regime and the implementation of appropriate quality assurance systems and measures that: assess compliance to the programme/service logic model; ensure adherence to systems and procedures for service/programme delivery and the appropriate use of specified and approved programme materials; measure staff competence and performance; systematically gather impact evidence and ensure compliance to quality assurance recommendations.

Acknowledging the broad contextual changes shaping Lifestart's future, the Foundation identified the need to re-evaluate and adapt its organisational structure and delivery practice in line with policy developments and service commissioner needs. To this end the Lifestart Council, the Foundation's governing body, has made a number of priorities central to its strategic plans for the development of the Lifestart service in Ireland:

- the completion of the randomised controlled trial and the dissemination of study findings
- regionalisation and upscaling of service delivery

- the integration of our work with children and their families with the child protection, health promotion and family support strategies of statutory bodies
- the development of a social franchising licensing model through which the Foundation's essential core costs are met thereby guaranteeing organisational sustainability
- the continuation of our efforts to positively influence public policy in the interests of children and their families

2013-2014 has been an important year in the operationalisation of these key priorities; a year in which the Foundation, with the support of our colleagues in the Lifestart National Office in Sligo, has taken important steps towards transforming the Lifestart service in Ireland.

Lifestart Evaluative Study



The Lifestart Study based on a six year randomised control trial of Lifestart programme impact, supported by a process evaluation, is finally nearing completion. The third and final data collection sweep is well under way and the Expert Advisory Panel to the study have viewed some of the preliminary data which suggests that overall findings will be consistent with the Lifestart logic model.

When the Lifestart Council first decided to go down the road of applying experimental methods to programme evaluation, we did not realise how long that road was going to be. We have now devoted more than 10 years to this process. We have learned a lot from our engagement in this work which has brought about important organisational changes and which has increased our professionalism and our expertise and standardised our practices, enabling us to build a strong and effective basis for the continued regionalising and upscaling of the Lifestart service.

The fully experimental approach adopted in the study and the study's interim findings have already led to our inclusion as an evidence-based programme in the Child Family Agency/Tusla 'What Works for Families' document, designed to guide commissioners in the commissioning of family support services. Staff members have been working assiduously to build the trust and confidence of Commissioners; Policy Makers; and potential partners in the *Growing Child* programme and service and confidence in the capacity of the Lifestart organisation to deliver on a larger scale.

Written into the *Growing Child* programme is a series of child development checklists and parent reviews based on adaptations of the Home Observation for Measurement of the Environment (HOME) Inventory (Caldwell and Bradley 1984, 2003,) which uses an operational approach to defining the list of home, parental and family characteristics needed to foster the development of the child and which was designed to measure the quality and quantity of stimulation and support available to a child in the home environment. Our engagement with the RCT has

led to a greater appreciation by staff of the value of these instruments in recording and reporting on programme and service impact.

To these instruments we have added further impact measures:

1. A family progress reporting form adapted from that used in the Lifestart evaluative study and designed in collaboration with HSE (CFA) service commissioners, which is also structured around key child development and parenting outcomes and which is based on family visitor observations of child development and parental practice.
2. The systematic use of the TOPSE (Tool to measure Parental Self-Efficacy) as a quantitative measure of service impact on parental efficacy; an instrument also used in the RCT study.
3. A Partner Body Satisfaction Survey designed to record and to measure the views of professional and other partners on the Lifestart service, the quality of Lifestart/partner organisation relations and collaboration and the Lifestart contribution to integrated practice.

We are also currently exploring other scientifically recognised impact measures which might be appropriate to our work.

To facilitate the compiling and analysis of information derived through our internal impact measures we have designed and set up centralised databases, managed by the Foundation that will enable us to collate national and regional practice-based information on programme outcomes and impacts.

On the basis of our experience with the RCT and our efforts to further build and extend our internal impact and outcome measurement processes, we have compiled a document on 'Measuring the Impact of Children and Family Support Services' which has helped to enhance our reputation as an authority on issues pertaining to the application of scientific evaluative methods in voluntary sector family support provision.

We look forward to the completion of the RCT-based Lifestart Study in December 2014 and to disseminating the study's findings, which we know will serve to further enhance Lifestart's reputation as a high quality evidence-based parenting and family support programme.

We are now also looking to follow up the RCT study and we will be seeking resources (1) to trace the development of children on the study through their formal schooling, on the grounds that we expect the impact of the *Growing Child* programme and Lifestart service to be reflected more strongly in child cognitive development and learning outcomes during and through their formal education and (2) to replicate the study in other contexts, including among families receiving the programme as a targeted referred service, in particular families with higher parenting support needs, where we expect effect sizes to be largest.

Regionalisation and Service Provision

The Lifestart *Growing Child* Programme and home-visitation service is being delivered to more than 2500 families in the Republic of Ireland and in Northern Ireland, to 500 families in Mazabuka Zambia and to families in Macedonia through a UNICEF funded project.

In Ireland the Lifestart service is currently being delivered through: the Foundation's Outreach projects in Derry and Mid-Ards; its regional delivery company, Lifestart Services Limited, in Donegal; through affiliated service providers in Carlow/Kilkenny, DerryCity, Drogheda, Dublin, Fermanagh, Leitrim, Limavady, Sligo and Strabane and through a Dublin-based franchise partner.

The Foundation sent a second training team to the Luse Centre in Mazabuka this year and on the basis of this team's work acquired funding from Lloyds TSB to support the extension of the Lifestart service in the region. The funds will be used to employ extra staff, to buy resources and equipment to extend delivery of the programme and service into the Hillside Extension area of Mazabuka, a rapidly expanding and highly deprived community, housing many young families.



Grace a Luse Family Centre Family Visitor visiting a local family

Throughout the course of the year the Lifestart At Home in School (AHIS) Programme has continued to be offered by the Dunluce Family Centre Derry, the Foundation continued the roll out of the Lets Talk Success Programme and Lifestart Services Ltd acquired funds from the Katherine Howard Foundation to roll out the delivery of the Lifestart Spirals programme among children's services and family support practitioners in County Donegal.

Integrated Practice Model

Lifestart Services is now by far the largest Lifestart service provider in Ireland, employing 19 staff and delivering the *Growing Child* programme and home-visitation service to 1023 referred families. The integrated regional model of service delivery developed in Donegal represents a highly refined and collaborative model of practice that targets, through referrals made by health and social care professionals, first-time parents and parents with additional support needs. The model thus enables the successful integrated provision of a preventive and early intervention service that has changed both how Lifestart delivers its service and how the statutory bodies deliver a key aspect of family support, through the common goal of producing positive outcomes for children and their families.

The Foundation is currently working with its CFA/Tusla partners to extend the collaborative and integrated model of practice into Counties Sligo and Leitrim by facilitating the establishment of a new joint venture company which will manage and extend existing provision by the Sligo Family Centre and the Leitrim Partnership Company, into a region-wide integrated and targeted service modelled on the work of Lifestart Services Limited.

To support the transition to the integrated model by other Lifestart providers, the Foundation has prepared a Service Protocols document outlining the key characteristics of the integrated model and the processes and issues associated with the model's development and agreement by Lifestart and its health and social care professional partners. The dissemination of this document among health and social

care providers has also enhanced our reputation as an authority on developing successful integrative practice and strategy between the statutory and voluntary sectors. This document and the Measuring the Impact of Children and Family Support Services document have been central to other statutory agencies requesting preliminary meetings to discuss the possible integration of services within other counties both in the North and South of Ireland.

The Foundation is currently in detailed negotiations with the Western Health and Social Care Trust to implement an adaptation of the integrated model in the Western region of Northern Ireland through a Trust/Lifestart social franchise agreement.

Good progress has, therefore, this year been made to advance the regionalisation and integration objectives of the Lifestart Council, marking important steps on the way to the Foundation and its partners becoming 'systems ready' for scaling up the implementation of the *Growing Child* programme and home-visitation service.

Securing organisational sustainability through Social Franchising

Good progress has also been made in relation to setting up and implementing the social franchising licensing model. This year we legally registered our new logo and trade name as 'Lifestart Growing Child The Programme for Parents' and we have set up a new company 'Lifestart Resources Limited' which will, in the future, act as the vehicle for the establishment and management of franchise contracts.



We also this year, established our first franchise pilot with Fledgings Early Years in Tallaght, Dublin. Fledgings is a social enterprise offering a range of early year's services that now include the Lifestart *Growing Child* Programme and home-visitation service, delivered by two licensed and trained family visitors whose work is quality assured by the Lifestart Foundation.

We have now agreed two further franchise contracts with a family centre in Navan, County Meath and one in Strabane in partnership with Barnardo's and we are currently negotiating two further franchise agreements, one in Northern Ireland and one in Cork.

We have also revised our 2014 Contract and Affiliation Agreement with existing Lifestart Service Providers, as a precursor to the adoption by all Lifestart providers of the new franchising agreement in 2015.

Promotional Activity and Networking

Lifestart personnel are actively involved in strategic networks and systems at a Regional, National and European levels, and we are regularly requested to present at national and international conferences on parenting support. For example, Dr Pauline McClenaghan, Executive Director of the Foundation and Mary Walker Callaghan, Regional Manager of Lifestart Services Limited gave a presentation entitled 'Growing Child: Promoting Good Outcomes for Children through Collaborative Practice' to the 3rd International Public Health Nursing Conference in Galway in August 2013. The presentation was focused on the integrative model of family support practice developed in collaboration with HSE west. In September, Mary also made a

presentation on the model to the Annual National Meeting of Children's Services Committees held in Dublin.

Michelle McCabe, the Foundation's Communication and Resources Manager represented Lifestart at the Global Implementation Conference in Washington, DC in August 2013. The bi-annual conference, funded by Atlantic Philanthropies, was a knowledge exchange and learning forum for organisations that had implemented or were considering implementing evidence based programmes. As a follow-up to the conference, a seminar led by NCB NI was developed in collaboration with Early Years, Lifestart Foundation, Parenting NI and Playboard NI along with the Delivering Social Change team in OFMDFM. The 'No Compromise' seminar was held in the Stormont Hotel in February 2014 where Michelle presented a paper on *The Challenges of Making Programmes Sustainable*.

In September 2013, Lifestart (represented by Michelle) were invited as part of a select group of NI and RoI policy makers, commissioners and high-level practitioners with a focus on early years, infant mental health, and the prevention and early intervention agenda, to meet with peers in Finland as part of a study trip. The focus of the trip was to enable the sharing of good practice and to inform future discussions for a new national strategy for NI.

In June of this year Pauline and Michelle presented at an international seminar on Parenting Support in Paris. The seminar was hosted by Apprentis D'Auteuil (Supporting at risk youth and families) and included participating organisations from France, England, Canada, Morocco, Italy, Greece and the Lebanon.

Mary Walker Callaghan will be presenting at the OMEP (World Organisation for Early Education) Annual Conference in Cork in July 2014. This presentation 'Growing Child: Educating Parents Developing Children' will focus on the contribution of the Lifestart programme and service to child school-readiness.

Orla Tuohy, Lifestart's National Training and Promotions Officer for Parenting Support, and Michelle will be presenting at the Eurochild Annual Conference in Bucharest, Romania on the experience of Lifestart working in partnership with Tusla. The focus of this year's conference is *CHILDREN FIRST: better public spending for better outcomes for children and families* and will address important questions around 'why' and 'how' to invest public resources in children and families, in particular the most vulnerable. The conference will reflect on the implementation of the 2013 European Commission Recommendation 'Investing in Children: Breaking the Cycle of Disadvantage' and the broader Social Investment Package. It will look at how EU structural and investment funds can be better deployed in the next programming period to stimulate reforms and develop innovative practice.

Orla is also the lead author for Ireland on a case study for inclusion in the EU Alliance for Investing in Children Implementation Handbook. The handbook, used to promote the effective implementation of the European Commission's Recommendation on Investing in Children, will explore promising examples of existing practices and policies that reflect policy guidance. She will provide national examples that illustrate what works best for children and their families.

Other conferences and seminars in which staff participated included:

- UNESCO Child and Family Research Centre 6th Biennial International Conference - Galway
- Global Implementation Science Conference – Washington, USA
- Infant Mental Health Seminar – WHSCT – Derry
- Parenting UK Annual Conference - London
- No Compromise Conference - Belfast
- Think Family Conference - Lisburn
- Public Procurement Information Seminar: Public Procurement Directorate, Department of Finance and Personnel
- Early Intervention Foundation Evidence Forum – London
- Eurochild Parenting and Family Support Working Group meeting – Brussels
- Equality and Diversity in the Early Years – Dublin
- Women for Election – Dublin
- Launch of FF paper Early Childhood Care and Education – Dublin
- Parenting In Ireland for LGBT Families – Dublin
- Launch of the Child and Family Agency – Dublin
- Improving Children’s Lives – Belfast
- Research from the National Early Years Access Initiative (NEYAI) – Dublin
- Children’s Rights Alliance AGM – Dublin
- National Women’s Council of Ireland AGM and Symposium – Dublin

Two organisational newsletters were published in the course of the year: Winter 2013 and Spring 2014. The newsletters reported on Lifestart activities and developments, including news items and information on seminars and conferences.

Policy and Advocacy

In the course of the year the Foundation and the National Office offered feedback on a number of policy issues affecting children and families, including the OFMDFM consultation on Delivering Social Change and the Infant Mental Health Action Plan.

Staff continue to be active members of key advocacy groups working to promote the rights of children and the provision of quality children and family services including:

- Eurochild – Co-chair of the Parenting and Family Support Thematic Working Group
- Parenting NI– Board of Trustees
- Start Strong – Board of Directors
- Association of Infant Mental Health UK – NI Board Member
- Border Counties Childhood Network – Board of Directors & Chair
- PEIN (Prevention and Early Intervention Network)
- Implementation Network
- Early Intervention Foundation – Evidence Forum
- Infant Mental Health Reference Group NI
- Children’s Research Network
- Implementation Learning Community
- The Donegal Children’s Services Committee – Vice Chair

- Children's Services Committee – Education and learning Sub Group/Health and Wellbeing Sub Group
- The Parenting Hub Donegal
- Derry Well women – Board of Directors
- Children's Rights Alliance
- Teen Parent Support Programme Advisory Group
- European Anti-poverty Network Ireland
- European Alliance for Families (European Platform for Investing in Children – EPIC)
- National Children's Bureau NI
- National Children's Resource Centre
- OMEP (World Organisation for Early Years Education)
- Early Years Strategic Alliance
- Child Poverty Alliance
- Child Poverty Forum - Derry
- National Women's Council of Ireland
- Parenting UK
- NI Parenting Forum
- The Wheel
- Chartered Institute of Personnel Development
- NICVA
- Inishowen Family Action Network Advisory Group
- Donegal County Childcare Committee – Vice Chairperson and Company Secretary
- MEET Project – Motivate, Educate and Exercise Together Programme dealing with obesity for young people and their families with both preventative and maintenance dimensions
- Springboard Family Support Programme
- Lagan Primary Care Community Forum

- Primary Care County Community Forum
- Sole Purpose Productions
- Creggan Enterprises – Board of Directors

Orla Touhy continues to work with Dr Aisling Gillen, National Specialist Family Support on the development and roll-out of the Child and Family Agency parenting support strategy. She is also the Lifestart representative on the all-Ireland Special Interest Group on Parenting Support which in July 2013 launched a position paper on the case for a National Parenting Support Strategy and which is currently working on recommendations for Quality Standards for work with parents.

Meetings were held with NI and ROI public representatives and with representatives of the following bodies:

- Family Policy Unit - DHSSPS
- HSE West
- Western Health and Social Care Trust (NI)
- HSE Steering Group to Lifestart Services Limited
- WHSCT/Lifestart Advisory Group
- Chief Operations Manager, Child and Family Agency/Tulsa ROI
- Regional Manager, Child and Family Agency/Tulsa County Donegal
- Regional Manager, Child and Family Agency/Tulsa Counties Sligo and Leitrim
- Colin Early Intervention Community (NI)
- Katharine Howard Foundation (ROI)
- Children's Rights Alliance
- Parenting NI

- Tiny Life
- HSE National Workforce Development Team
- Open Society Foundation
- Family Support Agency ROI (+ representatives undertook shadow visit with Lifestart staff)
- Derry Locality Planning Group
- Early Intervention Transformation Programme Change Managers
- Chair of the NI Health Committee

Thanks

The changing service commissioning and funding context in which Lifestart is now operating has had important implications both for how we do our work, the objectives we need to achieve to build a sustainable Lifestart service into the future and the kind of organisational structure we need to construct in order to successfully operationalise and implement these objectives.

We, in the Foundation, have necessarily had to adapt our structure and have had to address the consequences of change. As a result the Foundation and the National Office have this year lost some valued colleagues.

We thank these colleagues for their contribution to Lifestart and wish them well in the future. We trust they will remain advocates for the *Growing Child* programme and home-visitation service.

The Lifestart Council and Board of Directors of the Lifestart National Office also thank all parents (and children) who throughout 2013-2014

participated in the *Growing Child* Programme and home visitation service and other Lifestart programmes. We also thank all those who contributed to the Lifestart Mission - staff, volunteer management committees and our funders, without whom the programme and service would not be available:- The Atlantic Philanthropies; the Child and Family Agency; the Western Health and Social Care Trust; SureStart Ards; Lloyds TSB Foundation; and the Katharine Howard Foundation. We also thank the health and social care professional staff and voluntary sector partners who participated in the Spirals Programme and the professional colleagues with whom we work every day to improve outcomes for children.



APPENDIX 1

Lifestart Foundation Ltd

Lifestart Council Members

P. Durkan	Chairperson
U. Birthistle	Vice-chair
M. Wrynn	
M. McGowan	
P. Baird	

Non-voting Members

S. O' Callaghan	Company Secretary
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Lifestart Foundation Staff

Dr P. McClenaghan	Executive Director
L. Douglas	Administrative & Evaluation Manager
E. Doherty	Administrator
S. O'Callaghan	Finance Manager
M. McCabe	Communications & Resources Manager

Outreach Staff

P. Buchanan	Family Visitor
B. Donaghy	Family Visitor
D. Dorrian	Family Visitor
G. Marilley	Family Visitor
L. Wilson	Family Visitor

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Lifestart National Office Ltd

Board of Director Members

M. McGowan	Chairperson
M. Lee	Treasurer
H. Harding	
R. McGlone	

Non Voting Members

Dr. Pauline McClenaghan	
Thérèse O'Rourke	Company Secretary

National Office Staff

Therese O'Rourke	National Office Manager
Orla Tuohy	National Training & Promotional
Mary Sayers	Officer, Parenting Support Clerical Officer

Contact Details

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**Bláthanna Beaga Teo
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Email: lifestartmulhuddart@gmail.com
Chair: Helena Regan
Staff:
Co-ordinator: Marian O'Hara
Family Visitors:
Liza Dunne
Ashleigh Moran
Funders:
HSE Dublin North East
Dept of Social Protection
Tús
No of Families: 50

Dunluce Family Centre
13 Dunluce Court
Ballymagroarty
Derry BT48 0PA
Tel: 02871 269833
Fax: 02871 260233
Email: dunluce@btconnect.com
Staff
Project Manager: Margaret McCann
Administrator: Jennifer McCollum
Receptionist: Bridgeen Deehan
Family Visitors:
Carla Nash
Jacqueline Clancy
Sharon Jones
Frances Breslin
Funders:
WHSC through SureStart
WHSC Neighbourhood Health Improvement
Project
DSD
BBC Children in Need
No. of Families: 200

**Foundation Outreach
Derry Regional Office**
2 Springrowth House
Ballinska Road
Derry/Londonderry
BT48 0GG
Tel: 02871365363
Email:
Staff
Family Visitors:
Genny Marilley
Priscilla Bunchanan
No of Families: 45

Mid Ards Office
Conlon building
Main St
Kircubbin
Co. Down BT22 2SR
Tel:028 427 39130
Family Visitor
Lesley Wilson
No of Families: 36

**Carlow/Kilkenny Parents Support
Programme Delivering Lifestart**
Health Promotion Unit
Dean Street
Kilkenny
Tel: (056) 7734866
Fax: (056) 7764112
Email: helen.casey1@hse.ie
**Area Manager Children & Family Services
HSE South:**
Marie Kennedy
Staff:
Co-ordinator: Helen Casey
Family Visitors:
Elizabeth Carley
Elizabeth Byrne
Margaret Brophy
Margaret Lacey
Dolores Rochford
Funders: HSE South
No of Families: 152

**DTEN Community Employment Project Ltd
Lifestart Cherry Orchard**
162 Cherry Orchard Avenue
Ballyfermot
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Tel: (01) 6206943
Email: dtencep@eircom.net
Chair: Henry Harding
Staff:
Community Employment Supervisor:
David Fleming
Office Assistants: Natalie Whelan/Samantha
Dunne/Patrycja Rumas-Stepien
Family Visitors:
Joanne Kennedy
Irene Zambra
Letisha Morgan
Trina D'arcy
Sarah Brothers
Funders:
Dept of Social Protection
Supported by:
Dublin City Council
No of Families: 68

Leitrim Development Company Ltd**Leitrim Lifestart**

The Glens Centre
Manorhamilton
Co Leitrim

Tel: (071) 9856660

Email: leitrimlifestart@eircom.net

Chair: Des Keaney

Staff:

Acting Co-ordinator: Catherine Meehan

Family Visitors:

Eileen Philbin
Anna McTernan
Gosha McAleer
Juliet Darcey

Funders:

HSE West
J.I.

Dept of Health & Children - National Lottery
Leitrim Development Company

No of Families: 100

Lifestyle Development Group Ltd**Drogheda Lifestart**

The Lifestyle Centre
Ballsgrove
Drogheda,
Co Louth

Tel: (041) 9842078

Fax: (041) 9846011

Email: lifestart@lifedev.ie

Chair: Sr Ann Brady

Staff:

Co-ordinator: Carol Harkin

Family Visitors:

Michelle Smith
Janine Bohill

Teen Parent Support Project Worker: Ciara

Finan

Funders:

HSE Dublin North East
Drogheda Job Initiative Company Ltd

No of Families: 90

Lifestart Services Limited (LSL)

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Co Donegal

Tel: (074) 9156644

Mobile: (087) 6791898

Email: marylsl@lifestartfoundation.org

Chair: Mary McGowan

Staff:

Regional Manager: Mary Walker Callaghan

Clerical Worker: Catherine Clarke

Family Visitors:

Rosemarie Kee
Eileen Ward
Maura McGettigan
Carmel McFadden
Caroline Mullen
Ruth Fisher

Team Leaders

RosemarieKee
Eileen Ward
Maura McGettigan

Family Visitors:

Ita Downey
Christine Crossan
Violet Buchanan
Nora Browne
Philomena Doherty
Ann Toner
Kathryn McGinley
Phyl O'Sullivan

Julie Voss

Kathryn Russell

Helga Tinney

Funders:

HSE West
Inishowen Development Company
Donegal Local Development Company

No of Families: 1023

Lifestart Limavady

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Chair: Keith Leighton

Staff:

Co-ordinator: Clare Thomson

Family Visitors:

Roberta Montgomery

Ashley Mullan

Funders:

Early Years

No. of Families: 144

Sligo Family Support Ltd**Lifestart Sligo**

The Lifestart Building
Pearse Road
Sligo

Tel (071) 9146034

Email: lifestartsligo@eircom.net

Chair: Margaret Gilmore

Staff:

Co-ordinator: Tricia McLaughlin

Administrator: Mary Feely

Family Visitors:

Mary McSharry
Dympna Cronin
Sharon McGarraghy
June Coen
Imelda Clancy
Joy Little
Jacqueline Sailsbury

Funders:

HSE West

No of Families: 354

Lifestart Strabane District

Unit 21 Orchard Road Industrial Estate
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Tel: 02871 885504
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Chair: Josephine McGinn

Staff:

Family Visitors:
Beverley Lynch
Ruth Huey

Funders:

Western Health & Social Care Trust through
SureStart

No. of Families: 27

Social Franchise Partners**Fledgings**

An Cosán
Kiltalown Centre
Jobstown
Tallaght
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Staff:

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Administrator: Bernie Sheridan
Family Visitors:
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Martni Woods
Lavina McGovern
Lynn Robb
Catherine McManus
Patricia McAloon
Deborah Ferguson
Anne Chappel
Nicola McCutcheon

Funders:

WHSCT through SureStart
BBC Children in Need
Neighbourhood Renewal
DSD
Local Fundraising

No. of Families: 203

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